

Sam 6k - Sammamish Running

Saturday, September 11, 2021 – 8 am

Sammamish Washington

6065 E Lake Sammamish Parkway NE Redmond WA 98052



<https://www.SammamishRunning.com/>

Join us for the 3rd Annual Sam 6k along the beautiful Lake Sammamish. The race is out and back along the flat and fast East Lake Sammamish Trail (paved bike trail) with breath taking views of Lake Sammamish. The race starts at the intersection of the Marymoor Connector trail and East Lake Sammamish Trail in Redmond Washington. There will be a water stop at the turn around point. We will have Sam Tavern Tunes at the start and finish. All finishers receive a specially designed Sam 6k medallion. Special edition 20th Anniversary 9/11 authentic Sam 6k T-Shirt is included in your race pack. Covid-19 restrictions will be enforced per the CDC and local/state guidelines. Face masks may be required as well as social distancing may be in effect during the event. *** New Chip Timed Race ***

Event details and schedule

The 3rd annual Sam 6k starts promptly at 8 am on Saturday September 11, 2021 at the intersection of Marymoor Connector Trail and E Lake Sammamish Trail in Redmond Washington. It is a timed race with all runners receiving an out time and an in time. There will be cash awards for the top finishers M-F 1st, 2nd and 3rd. Ribbons to all age group winner's 1st, 2nd and 3rd. Top finisher will receive a \$100 gift card to Sam's Tavern. Custom designed medallions to all finishers. Random door prizes will be awarded. The race is USATF sanctioned #21-36-077. The race starts promptly at 8 am and will remain open for 90 minutes. There will be no dogs allowed on the course. Goodie bags with your name on it will be at an isolated table for your pickup which will include your custom designed Sam 6k T-Shirt. There is plenty of parking at Marymoor Park and the local trail parking. There will be cash awards for the top finishers M-F 1st, 2nd, and 3rd. Ribbons to all age group winner's 1st, 2nd, and 3rd. Race proceeds go to American Cancer Society. Bring a friend - See you there!

REMEMBER: Safety is our number #1 Priority! Covid-19 restrictions in place.

Race Director,

Mic

Mic Brisbois

Race combo available \$50 – Santa Bear 6k and Sam 6k.

To register go to: [Sammamish Running.com](https://www.SammamishRunning.com)