



Join us for The Red Hawk

June 17, 2023, 9 am

Ron Regis Park Renton Washington

Flat and Fast! 6k trail run on Cedar River on beautiful cityscapes of the Cedar River. With views of rustic buildings, and eagle's nest. Cash awards for top 3 male and female and cash bonus for breaking Danny Riley's course record in 2022 of 20:01. Ribbons to top 3 in each age group, authentic Red Hawk jersey and Finisher Medal to all runners that complete the course. Red Hot Tamales await you at the finish.

Beat the Red Hawk and win a prize for all kids under 12 run out under the bridge (1/4 mile) on Cedar River Trail. Watch out for the Trolls. Kids registration is only \$15 and includes custom designed Red Hawk T-Shirt, authentic finisher medal and ribbons for first and second place boy and girl.



Sign up today at SammamishRunning.com

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