

I know that participating in a road race/walk is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree and abide by any decision of a race official relative to my ability to safely complete the event. I assume all risk associated with participating in this event including, but not limited to falls, contact with other participants, the effects of weather, including high humidity, traffic and the condition of the roads, trails, bike path, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of acceptance of my entry, I, for myself and anyone entitled to act on my behalf waive and release the race organizer, City of Sammamish, City of Issaquah, King County, USATF, all sponsors, their representatives and successors from all claims or liability of any kind arising out of my participation even though said liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission for all of the foregoing to use any photographs, motion pictures, recordings, my e-mail address or any other record of this event for any legitimate purpose. I also understand if this is a timed-event, my name may appear in the results listing. This waiver may also be used to certify that my child has permission to compete in this event, is in good physical condition and that event officials may authorize necessary emergency treatment. ENTRIES CAN NOT BE ACCEPTED WITHOUT A VALID SIGNATURE. Event is sanctioned by USATF. Note: There will be no dogs allowed on the course.

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\$55__ Half 13.1

\$50 __ 10k

\$45 __ 5k

Name _____

Signature _____

Date: _____

email _____

Date of Birth: _____