



Cedar River Triathlon

May 10, 2026, 8 am

Maple Valley Washington

Join us for one of the first triathlons of the season. This hidden gem is a local's favorite. Great beginners Triathlon with a ¼ mile swim in beautiful Lake Wilderness, followed by a brisk 14-mile trek down the Cedar River Trail on hard packed limestone and topping off with a 4 mile trail run overlooking Lake Wilderness. Sign up today! The event sells out quickly. Register at ACTIVE.com – type in Cedar River.

Register at: SammamishRunning.com/tri