



Join us for the

# Boston 10k

**April 13, 2024, 9 am**

***Squantum Point Park***



Join us for the Boston 10k - Flat and Fast. The course is a loop course out and back on the dirt and asphalt trails of Squantum Point Park Quincy MA. Starting out at Squantum Point Trailhead Marina Park heading south 1.5 miles and turn around (loop) back and north to the start. Run the course twice for the 10k. Water and gel stations at 2 miles and 3.1 miles. First Aid and CPR trained personnel on the course. For the 10k Top 3 male and top 3 female win a \$20 gift card to Red Lobster. The course is chip timed (on your bib). Bib and race packet pick up opens at 8 am on race day. All runners receive a custom designed Boston 10k T-shirt. All finishers receive a Boston 10k medallion, and Fruit and Gatorade at the water stations and finish. Photo finish at the end so please have your bib on your front torso. Kid's 1k starts at 10 am and if they beat the Red Lobster, they win a prize. **Register at [SammamishRunning.com](https://SammamishRunning.com)**