

Breakfast of Champions

THANKS Food Bank Benefit

Thursday May 6, 2021 at 6:30 am PDT

USATF Track and Field

**DON'T
EVEN
BOTHER...**

**THEY'LL NEVER LET
YOU DO IT.**

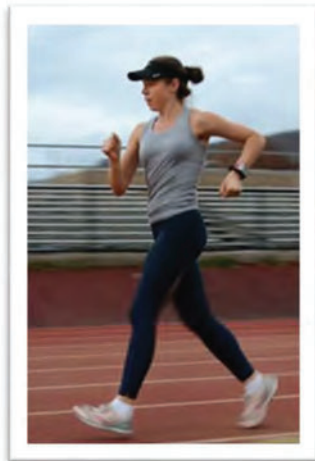
What it takes to compete
in a tough world.

ERIN TAYLOR-TALCOTT
World-Class Athlete, Coach, Professional Speaker



We are pleased to present USA Track and Field Champions for the Month of May Erin Taylor-Talcott

Erin Taylor World Class Athlete, Coach – Competed in the 50k race walk World Event



Erin Taylor-Talcott was the first woman to compete with the men's race walk when the 50k race walk opened from being a men's only event to a blind gender event. She attended Central Washington University before transferring to Rutgers University her sophomore year.

Taylor-Talcott currently volunteers at local high school track and field and cross-country practices. Erin Taylor-Talcott became the first woman worldwide to compete in an international 50 kilometer (31.1. miles) race walk with the men. Through her life of athletics, Erin has seen ups and downs, successes and frustrations and has learned how to persevere. She has fought against adversity to come back stronger than ever, setting national and world records and rewriting the history books.

Live Stream Event Thursday May 6, 2021 6:30 am PDT Benefit the Bellingham Food Bank.

Opening remarks from your host and moderator Mic Brisbois
with special performance from Seth Pavlik 'Here comes the Sun'
to benefit the Bellingham Food Bank
Register at: SammamishRunning.com



- Broke Dawn Sowell's 28-year-old outdoor 200m collegiate record (22.02)
- Fourth American, ninth woman in history to run 22.02 or faster before turning 23 years old
- Signed professionally with Nike in June 2017
- Fifth woman in school history to win four national titles
- Kyra Jefferson is the daughter of Thomas Jefferson and Michele Watkins. She started competing in track and field when she was six years old, starting out in the heptathlon and then transitioning to sprints when she was thirteen. Jefferson competed in the USATF Junior Outdoor Championships.



Michael Shuey USATF

American track and field athlete competing in the javelin throw. In 2019, he competed in the men's javelin throw at the 2019 World Athletics Championships in Doha, Qatar.

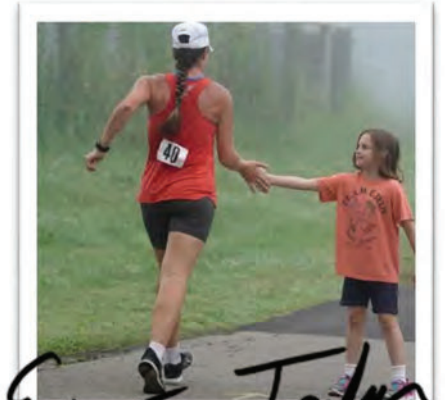
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Thanks, from the Bellingham Food Bank
**USATF Athletes - Team
Erin**



*Erin Taylor
Talutt*



Ruth Perkins, BS Exercise Science | CSCS |
USATF Certified Coach | Personal Trainer
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**20 Front Street South
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(425) 391-8395

Sun - Wed 11:30-8

Thu - Sun 11:30-9



Jared Forman - the Sun (cover)

<https://sethsongs.bandcamp.com/>