



Join us for the

# Rattlesnake Lake Triathlon

**May 14, 2023, 8 am**

**North Bend Washington**



Hidden gem racing course in the heart of the Snoqualmie Mountains is a beautiful lake and off-road biking trails, and perfect course for a spring warm up or a beginner's triathlon. The quarter mile swim in brisk mountain snowmelt off the cascade mountains, followed by a 10 mile off road bike and a 6k run. The property is owned and maintained by Seattle Public Utilities. All entrants receive custom designed T-Shirt, authentic Rattlesnake Lake hand towel, bumper sticker, coaster, and gel pack. The event is sanctioned by the USAT.



Sign up today at [SammamishRunning.com](http://SammamishRunning.com)

Courtesy of John Ludeman photography [LudemanPhotographic.com](http://LudemanPhotographic.com)