

## ***Red Hawk 6k - Sammamish Running***

Saturday, June 19, 2021 – 8 am

Cedar River Trail Ron Regis Park Renton Washington

1501 Orcas Avenue SE Renton WA 98059



<https://www.SammamishRunning.com/>

Join us for the 3<sup>rd</sup> Annual Red Hawk 6k along the beautiful Cedar River in Renton Washington. The race starts at the Cedar River Trail Ron Regis Park and it is an out and back flat and fast course heading east along the Cedar River Trail with spectacular views of the Cedar River. Then turns around and heads back after passing the bird sanctuary and rustic buildings. Water stop is at the 1 mile and 2-mile mark. Red Hawk tunes at the start and finish. Long sleeve Technical Shirts are included in your race registration. Covid-19 restrictions will be enforced. Face masks are required unless fully vaccinated per the CDC and state guidelines. Groups of 30 going out every 1 minute with an in and out time recorded.

### **Event details and schedule**

The Red Hawk 6k starts promptly at 8 am on Saturday June 19, 2021. It is a timed race. All runners will receive an out time and an in time. Face coverings are required per the state and local mandates before and after the race unless fully vaccinated. Social distancing is in effect during the event. Goodie bags with your name on it will be at an isolated table for your pickup which will include your custom designed Red Hawk 6k Technical Long Sleeve Shirt, bumper sticker and water bottle.

There is limited parking at the Ron Regis Park. Please car pool if you can. Race starts at the 149 Avenue SE and Cedar River Trail. There will be cash awards for the top finishers M-F 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>. Ribbons to all age group winner's 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>. Random door prizes will be awarded as well as finisher metals. Race proceeds go to American Cancer Society. Bring a friend - See you there!

REMEMBER: Safety is our number #1 Priority! Covid-19 restrictions in place.

Race Director,

*Mic*

Mic Brisbois

*Race Series is available for \$65 includes entry to the Fall City Classic 6k, Red Hawk 6k, Sam 6k and Santa Bear 6k.*

To register go to: [Sammamish Running. com](https://www.SammamishRunning.com/)