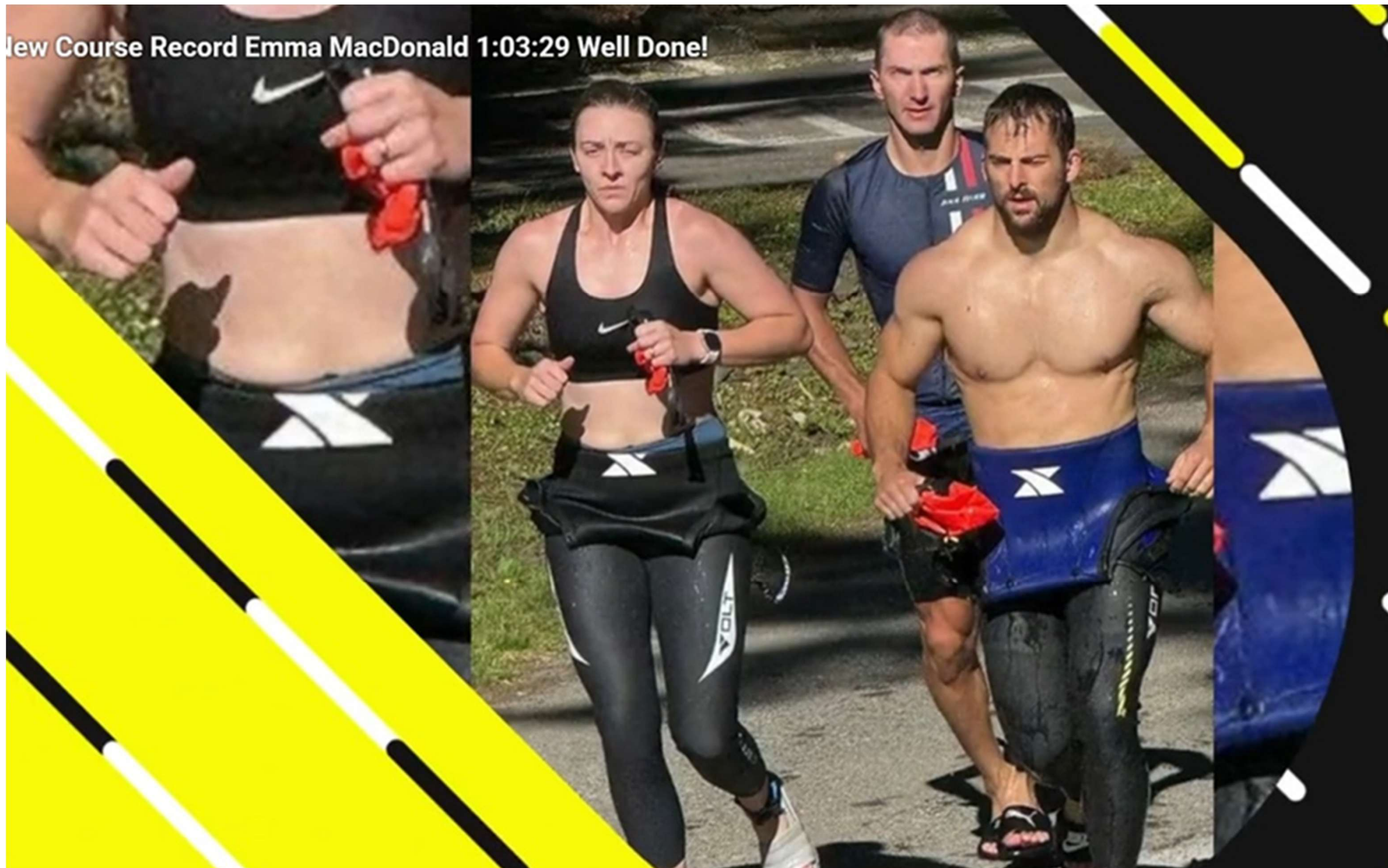


New Course Record Emma MacDonald 1:03:29 Well Done!



Beaver Lake Safety Briefing

August 27, 2026, 7 pm



August 30, 2026

Beaver Lake Triathlon 2026

📍 Beaver Lake

25201 SE 24th Street Sammamish, WA 98075

BREAKING NEWS: 2027 Nationals Are Headed to Des Moines. [Start Planning](#) →



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Multisport Rules



TEAM USA
ONE FOR ALL

NEVER MISS A MOMENT



Multisport Rules

Helmets And Chinstraps

Helmets must be worn and securely fastened at all times while in possession of your bike. This means from the time you remove your bike from the rack at the start of the bike leg, until after you have placed your bike on the rack at the finish of the bike leg.

Unauthorized Assistance

No assistance other than that offered by race staff (including volunteers), medical officials and active participants may be used. A participant shall not physically assist the forward progress of another participant on any part of the course.

Entire Course

Athletes must complete the race course in its entirety and as prescribed including in segment order.

Headphones And Communication Devices

Participants may carry a phone (such as, mounted on bike handlebars or in an arm band) but may not use communication devices of any type - including but not limited to cell phones, smart watches and two-way radios - in any distractive manner during the competition. A distractive manner includes but is not limited to making or receiving phone calls, sending or receiving text messages, playing music, using social media, taking photographs or using one- or twoway radio communication. Using any communication device in this manner during the competition may result in disqualification

Non-Draft Legal Bike Position Rules

Athletes must ride right and only move left to complete a legal pass and must not block athletes attempting a legal pass. Athletes must not pass on the right. Drafting is not allowed. An athlete should not attempt to complete a pass unless the athlete is highly confident in their ability to complete the pass in the allotted amount of time. Once an athlete enters the draft zone of another cyclist there is only one exit and that is out the front.

Glass Containers

Glass containers are prohibited. Bringing a glass container into transition may result in disqualification.

Race Numbers

All athletes are required to wear race numbers at all times during the run. Numbers must be clearly visible at all times. Numbers may not be altered in any way that prevents clear identification.

Race Number Transferring

Do not transfer your number to any other athlete or take a number from an athlete that is not competing. The penalty for doing so is disqualification and one year suspension from membership in USAT for transferring a number without race director permission.

Upcoming Events



[Pine Lake Triathlon Results](#) [Video](#) [2026 Fall Events](#) [Refund Policy](#) [USATF Waiver](#) [USAT Waiver](#) [1 day membership](#)



[USAT Rankings](#) [Fastest Swimmer M/F](#)

Beaver Lake Triathlon 2026

Sun, Aug 30 | Sammamish

[More info](#) [Swim](#) [Bike](#) [Run](#)

[USAT Rules](#) [Medal](#) [Winner](#)

[Register](#) [Transition](#)

[2025 Results](#)



Newcastle Beach Triathlon

Sun, Sep 06 | Newcastle B...

[More info](#) [Swim](#) [Bike](#)

[Run](#)

[Register](#) [Transition](#)

[Flyer](#)



Fastest of the Fastest Half 13.1...

Sat, Sep 12 | Marymoor C...

[More info](#)

[Register](#)



BEAVER LAKE TRIATHLON
SAMMAMISH WA
AUG 30, 2026



BEAVERLAKE TRIATHLON
SAMMAMISH WA
AUG 30, 2026



Beaver Lake Triathlon
1/4 mile Swim

Perimeter
0.24 mi

Beaver Lake Boat Launch



Beaver Lake Triathlon Bike Course 13.7 mile

Steep Downhill

Start/Finish

flagger

Police
Officer

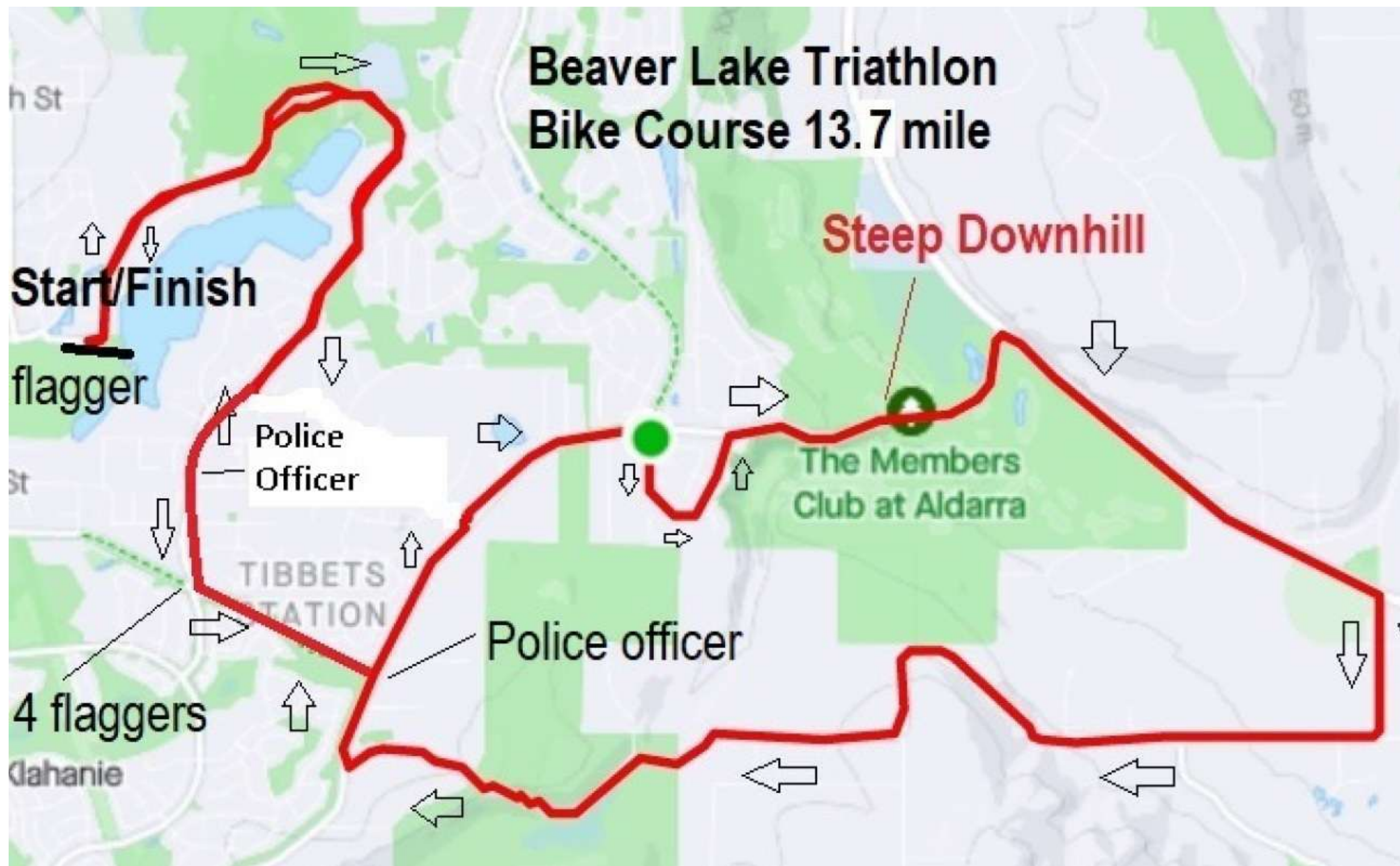
TIBBETS
STATION

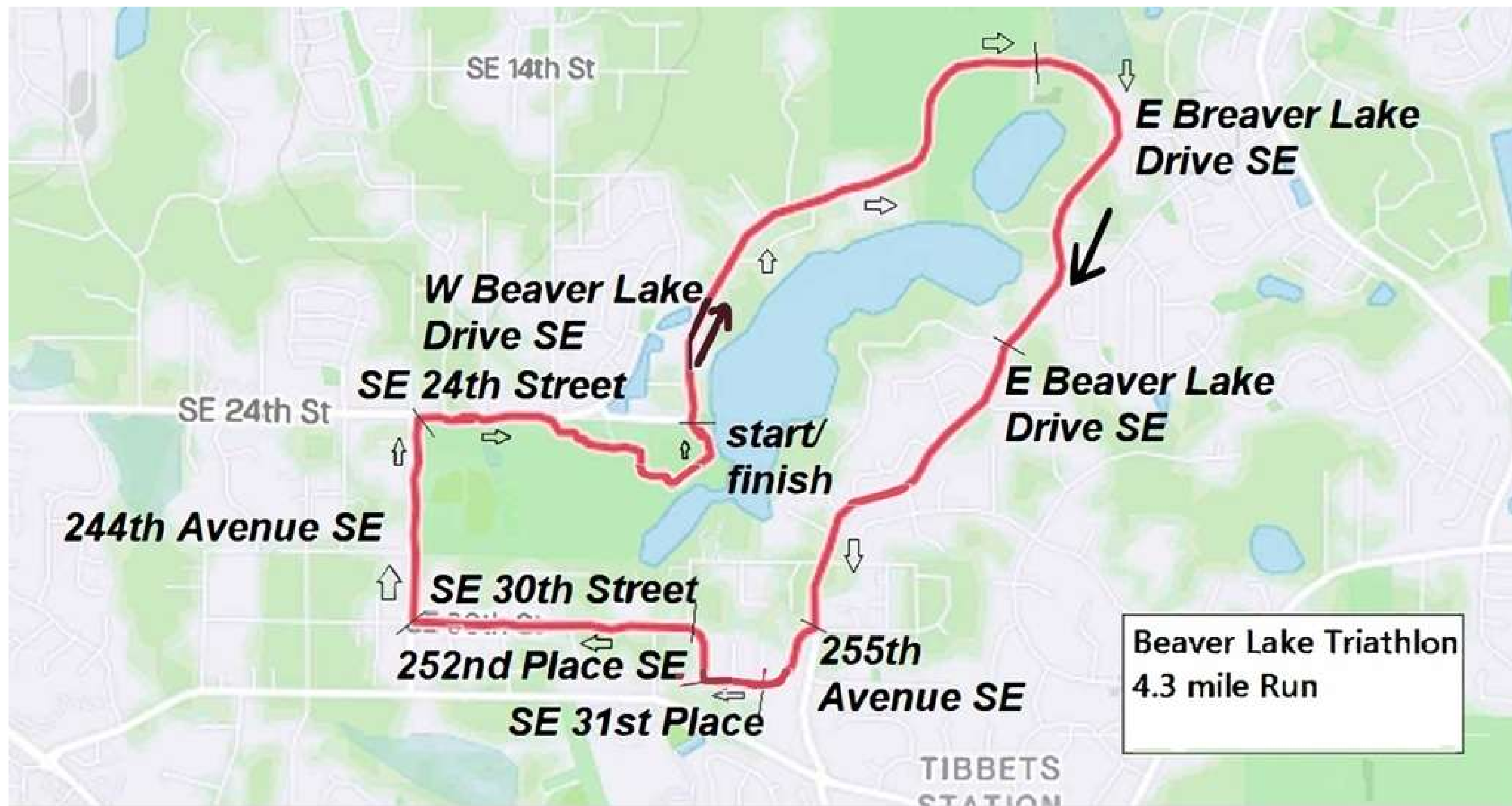
Police officer

4 flaggers

The Members
Club at Aldarra

Clahanie



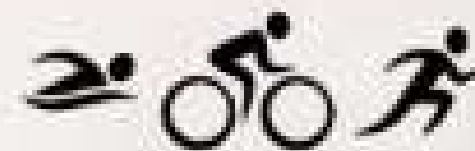


Do the Beav!



Beaver Lake Triathlon

August 30, 2020, 9 am
Sammamish Running



Beaver Lake Triathlon
Newcastle Beach
Columbia River Half Iron
Duthie Hill Duathlon
Half Sam 13.1, 5k, 10k







📍 Issaquah, WA 98075

📍 Use precise location



70

°F | °C

Precipitation: 1%

Humidity: 60%

Wind: 8 mph

Weather

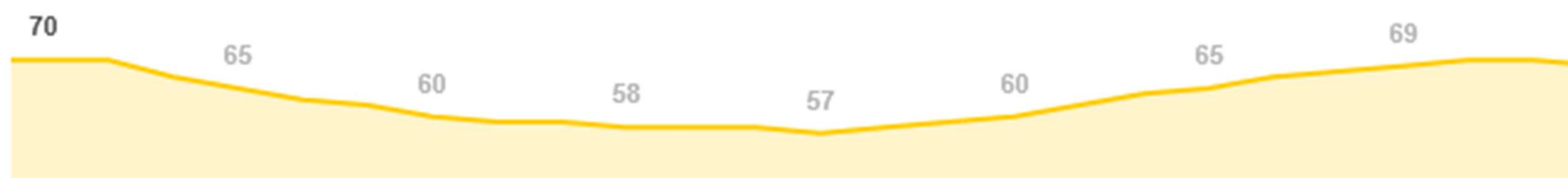
Thursday 6:00 PM

Partly sunny

Temperature

Precipitation

Wind



7 PM

10 PM

1 AM

4 AM

7 AM

10 AM

1 PM

4 PM

Thu



72° 57°

Fri



70° 55°

Sat



63° 53°

Sun



67° 50°

Mon



74° 51°

Tue



68° 56°

Wed



63° 54°

Thu



64° 53°



[Google Weather](#) • [Feedback](#)

New course record by Baraka Poulin 1:14:12 Well Done!



Beaver Lake Triathletes: Thank you for registering for the Beaver Lake Triathlon. We have a great weekend planned just for you. Thursday at 7 pm we have the Safety Briefing. If you are not able to be there live, you can listen to the recording. On Saturday from 4- 6 pm we have the packet pick up and Pasta Feed at Flatstick Restaurant and Grill at the Redmond Town Center. We are in the GOAT room. Free parking and you may take the Light Rail to the doorstep of the restaurant. We will be checking ID and USAT membership # so please have them ready. In your packet will be two stickers with Bib # on it. One to on your bike, the other on your helmet. You will need these to exit the secure corral area after the race. You must wear your bib on your front torso for the bike and run. Safety pins are available. Listen to the directions of the Lifeguards, King County sheriffs directing traffic and the flaggers. Do NOT ask the police officer or the flaggers which direction to go. You are responsible to know the course. There will be red Route arrows in the pavement and elevated directional signs and mile markers. The course maps are posted on our website. Cash award for first, second, and third male and female. As soon as they are in, we will have the podium photo and award their checks. First out of the swim male and female will receive the coveted Beaver [replica](#). Also 1st male and female, in both the Sprint and Splash n Dash and relay team will receive a [Winner](#) Trophy. Must wear the provide swim caps. Red wave first then blue wave 3 minutes later. Start in deep knee water. The water is clear (no bacteria) and 68F. Wetsuits are allowed and advised. You may use goggles but no flippers or web hands. No floatation devices are allowed. All registrants get a long sleeve dry release race [T-Shirt](#), and all finishers get a classic deluxe Beaver Lake Triathlon [Medallion](#). Also, you must wear the ankle bracelet the whole event. If you are starting the Duathlon you will start at the dismount area and start exactly when the first swimmers start. There will be water, Gatorade, First Aid (AED), and medical kits every 3-miles. If you are having issues in the water raise your hand if you can, the lifeguards on Kayaks will get to you shortly. For the relayers you are using the swimmer anklet and must be exchanged in the secure corral area. Please rack your bikes. Call 911 in case of an emergency and race director for a flat tire or sprained ankle. Corral and registration opens at 7 am on Race Day. Race starts promptly at 8 am in deep knee water. All athletes must be body marked and checked in either Saturday or on race day. Only athletes are allowed in the secure corral area. If it rains, take the corners carefully. Do drafting allowed. No e-bikes are allowed. There is plenty of parking and restrooms at the start. [Run](#) Course Map, [Bike](#), [Swim](#), [Transition](#). USAT [Rules](#). All participants must be USAT members. One day memberships are available. 2025 [results](#). 2026 [Results](#). Cash bonus if you beat the course record 1:14:35 and only the first one to do it. [Video](#). USAT [Rankings](#). Follow the red streamers for the last ¾ miles in the Beaver Lake Park. [Register](#).

*** Access Codes Below ***

Topic: **Safety Briefing - Beaver Lake Triathlon**

Time: Aug 27, 2026 07:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/88135908720?pwd=phlbgyDnVTpL3Lr7wNtggQlaXUNBaV.1>

About this event

Join us for the 2026 Beaver Lake Triathlon 1/4-mile swim in beautiful Beaver Lake, 13.7-mile hilly road bike (Duthie Hill) followed by a flat and fast 4.3-mile neighborhood run. The last half mile is through the enchanted forests. Break the course recorded and get a cash bonus. 1:14:12. We have a great weekend planned just for you starting off with the pre-race safety briefing on August 27, 2026, 7 pm PDT Live Stream. On August 29, 2026, at 4 pm to 5:30 pm we have the pre-race Pasta Feed at Redmond Town Center Flatstick Restaurant and Grill (Free Parking). Take the Link Light Rail to the front door. Race day check in at 7 am and rack the bikes. Not up for the full grab a relay partner and form your team. Corporate teams are welcome. Mark your calendar for 3 pm after the race and we will be awarding the champions their trophies at Pine Lake Ale House. Don't miss! Once again, we would like to thank the City of Sammamish and King County for their continued support.

Event details and schedule

There are plenty of parking spaces and restrooms at the Beaver Lake starting line. Weather for race day is generally cool 60s and sunny. No floatation devices are allowed in the swim, no motorized bikes, and all bike handles need to be plugged. Good Luck!



Event reminder



August 30, 2026

Sunday

[Add to calendar](#)



Beaver Lake

25201 SE 24th Street
Sammamish, WA 98075

[View Map](#)



Visit website [↗](#)

Other-Enduran...

Super Sprint



Thank you

SammamishRunning.com

708.668.5488

Mike Brisbois, Race Director

mic@beaverlaketriathlon.com