



Join us for the Red Hawk 6k

Saturday June 18, 2022, at 9 am

Ron Regis Park Renton Washington



Join for a jaunt down the Cedar River Trail on paved asphalt bike path. You surely will get a PR today! Run past rustic farmhouses with gorgeous views of the Cedar River. Grab your running buds for a fun filled day at this hidden gem. Cash awards for first 3 males and first 3 females as well as bonus for breaking the course record 21:16 held by Kelsey Wong '20. Ribbons to all age group winner's 1st, 2nd, 3rd at every 10-year interval. Release the Beast as we put Covid to rest and bring out the fresh air of Summertime!! Sign up for the race series and type in six for \$6 off the Sam 6k, Santa Bear 6k and Red Hawk 6k race series. Red Hawk hot Tamales for all finishers! Register at: [Active.com](https://www.active.com) type in Red Hawk.

Winners Receive: Two Vista passes to the North Bend Film festival in August a \$210 value and \$50 gift card to Twede's Café in North Bend.

Mic Brisbois, RD | [SammamishRunning.com](https://www.sammamishrunning.com) | 708.668.5488 | mic@beaverlaketriathlon.com